

## **A Total Approach**

### **Program Description**

Offers speech, occupational, physical, play therapy and other programs that address the deficits which may be interfering with a child's ability to play with others and form relationships, for children with developmental differences, neurological disorders, and learning disabilities.

**Address:**

Suite 103

9 LaCrue Avenue

Glen Mills, PA 19342

**Phone:** (484) 840-1529

**Fax:**(484) 840-1560**E-Mail:** [Info@atotalapproach.com](mailto:Info@atotalapproach.com)

<http://www.atotalapproach.com/default.asp>

## **Acting Antics**

**Program Description:**

Programs and activities use drama as a vehicle to work on positive social interactions for individuals with social deficits as part of PDD/Asperger Syndrome and other disabilities.

**Category:**

Cultural and Entertainment

**Contact Information:**

Cindy B. Schneider

Phone: 610-942-4219

3 Ravine Rd.

Malvern, PA 19355

Email Address: [cindy@actingantics.org](mailto:cindy@actingantics.org)

Website Address: <http://www.actingantics.org>

## **ARC of Delaware County**

**Agency/Program Description:**

Provides advocacy, resources, and community for Delaware County's Children and Adults with developmental disabilities; provides social and recreational programs.

**Category:**

Cultural and Entertainment

Special Events/ Happenings

Sports (Year-Round)

Summer Camps

Contact Information:

Frank Bartoli, Executive Director

740 South Chester Road

Swarthmore, PA19382

Direct Phone Number:

(610) 544-6600

Email Address: [fbartoli@thearcofdelco.org](mailto:fbartoli@thearcofdelco.org)

Website: <http://www.thearcofdelco.org>

Calendar of Events at [http://www.thearcofdelco.org/4\\_events.html](http://www.thearcofdelco.org/4_events.html)

## **ASCEND: The Asperger & Autism Alliance for Greater Philadelphia**

Ascend offers a variety of resources for families, including an annual family fun day, meet-up groups for children to enjoy informal social experiences together, parent support, workshops and an annual conference.

<http://www.ascendgroup.org/>

## **COLLAGE Social Skill Groups**

For Individuals Age 4 Through Adult Ages

COLLAGE is a professionally guided activity-based therapy program for people seeking a place to learn and to practice social skills in an emotionally safe environment. In COLLAGE, groups are led by occupational therapists who specialize in analyzing activities and using them therapeutically. Through activity, group members are helped toward achieving the individual social goals each has established. Individuals in COLLAGE learn to adopt a positive and realistic view of their friend-making and interacting skills, and to take responsibility for modifying their own social behaviors.

<http://www.collage-otp.org/>

## **Kids Together**

An award-winning site that provides a wealth of information and links to resources for families and educators regarding inclusive education. It was created and is maintained by the mother of a young adult with disabilities who is fully included in school and community.

[www.kidstogether.org](http://www.kidstogether.org)

## **LEGO Building Adventures at the Wallingford Community Arts Center**

Create individual and group projects in an inclusive environment using a vast collection of Legos. Kids in the autistic spectrum are especially welcome to create and play with their typical peers.

Contact Info:

414 Plush Mill Road

Wallingford, PA 19086

610.566.1713

<http://communityartscenter.org/>

## **MusicWorks**

Description: Music Works provides music therapy services to restore, improve and maintain the quality of life of all individuals throughout the Delaware Valley who are challenged by Autism Spectrum Disorders, Down syndrome, Cerebral Palsy, Developmental Delays, Intellectual Disabilities, Learning Disorders, ADD / ADHD, Neurological Impairments, and Physical Disabilities.

Locations in Havertown, Swarthmore and Media

Contact Info: Lori O'Leary

2050 West Chester Pike, Suite 115

Havertown, PA 19083-2742

610-449-9669 voice

610-449-5566 fax

lori.oleary@musicworkswonders.org

<http://musicworkswonders.org/>

## **PA Center for Adapted Sports**

Program Description:

Offers sports and recreation programs year-round for people of all ages and abilities; aquatics, sled hockey, indoor rowing, handcycling, tandemcycling, indoor climbing, skiing.

Category:

Cultural and Entertainment

Special Events/ Happenings

Sports (Year-Round)

Contact Information:

Phone:215.765.5118

Website Address:

<http://www.centeronline.com/Index.html>

Calendar of Events: <http://www.centeronline.com/programs.html>

## **Riddle Outpatient Pediatric Services (ROPeS) –**

Services include Occupational Therapy, Physical Therapy, Speech Language Therapy and Social Skills Groups. Each play-based therapy session is conducted in a child-friendly environment with a focus on the specific goals established during the child's evaluation. Therapy activities are designed to meet the individual needs of each child, and parents are encouraged to participate in the sessions to facilitate carryover of the trained skills to other environments.

### **Contact Info:**

Riddle Hospital  
Health Center 4, 2nd Floor  
1118 West Baltimore Pike  
Media, PA 19063  
610-891-3370  
<http://www.mainlinehealth.org/ropes>

## **The Recreation Directory**

A listing of public, private and commercial agencies and facilities in Eastern Delaware County that provide recreation and leisure options for engagement. Agencies list the types of services/programs they provide, ages that they serve and information about accommodations or inclusive programs that they offer. Search categories allow the user to find activities by type, school district, age, etc.

[www.inclusiverecreation.org](http://www.inclusiverecreation.org)

## **Challenger Bowling:**

**Program/Agency Description:** Offers bowling leagues, tournaments and special events for children 3-18.

### **Category:**

Sports

Social

\*The fee is \$10.00 per bowler and probably \$15 for two games.

### **Contact Information:**

Phil Pierce: 484---802---0140

<http://inclusiverecreation.org/advocating-inclusive-extracurricular-programs-tips-and-resources-toolkit>

## **Rocky Run YMCA**

### **Program Description:**

A community facility offering a a wide range of programs for children and teens including swim lessons, sports, fitness, child care and day camps....

1299 W Baltimore Pike, Media, PA 19063  
(610) 627-9622

<https://philaymca.org/branches/rocky-run/>

## **Speaking for Ourselves**

Agency/Program Description:

An independent community organization controlled by people with disabilities. Bimonthly chapter meetings for individuals with disabilities to discuss issues of concern. Sponsor cultural events and opportunities for middle and high school students with disabilities to participate and enjoy the arts.

Category:

Cultural/Arts

Self-empowerment

Contact Information:

714 Market Street Suite 326

Philadelphia, PA 19106

Phone: 215.923.8600

Email Address: [info@speaking.org](mailto:info@speaking.org)

Website Address: <http://www.speaking.org>

## **Special Olympics of PA, Delaware County**

Program Description:

Provides year-round sports training and competition in a variety of Olympic sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage and experience social events with other Special Olympic athletes, their families and the community.

Category:

Sports/Fitness

Special Events

Camps

Contact Information:

Ric Koehler

307 Lenox Rd.

Havertown, PA 19083

Phone: 610-449-6642

Email Address: [special.olympics@verizon.net](mailto:special.olympics@verizon.net)

## **Thorncroft Therapeutic Horseback Riding Inc.**

Program Description:

Offers therapeutic horseback riding for children of all ages with intellectual, social/emotional, neurologic and physical disabilities

Category:

Nature/Adventure

Contact Information:

190 Line Rd.

Malvern, PA 19355

Phone: 610.644.9342

Email Address: [info@thorncroft.org](mailto:info@thorncroft.org)

Calendar of Events:

[http://thorncroft.org/cms/index.php?option=com\\_jcalpro&view=calendar&lte...](http://thorncroft.org/cms/index.php?option=com_jcalpro&view=calendar&lte...)

## **TOPSoccer**

Program Description:

Swarthmore College sponsored initiative that works with community youth with disabilities, Swarthmore volunteers play soccer games (directed by coaches) with athletes, developing a positive collaborative relationship throughout the year

Category:

Sports

Social

Contact Information:

Regional Chapter –

Tim McCoy

111 Whitehead Lane

Suite 200

Monroeville, PA 15156

Phone: 412.856.8011

Email Address: [tim@pawest-soccer.org](mailto:tim@pawest-soccer.org)

Local Info –

Jake Ban

Phone: 314-495-4081

Email: [jban1@swarthmore.edu](mailto:jban1@swarthmore.edu) or [ggrubb1@swarthmore.edu](mailto:ggrubb1@swarthmore.edu)

- We would also like to include information on an organization called “Lose the Training Wheels” and Challenger Baseball, but were having trouble locating specific information for local chapters so those resources can be added later.